



Department of Humanities

HINDU COLLEGE OF PHARMACY, GUNTUR

Recognized by UGC Under Section 2(f) and 12 B; ISO-9001-2015 Certified Institution
(Affiliated to Acharya Nagarjuna University, Guntur; Approved by A.I.C.T.E, PCI, New Delhi)

Programme Title: Soft Skills – Stress Management & Leadership Skills

Programme Description: The "Soft Skills – Stress Management & Leadership Skills" program is designed to equip participants with the essential skills and strategies needed to effectively manage stress and enhance their leadership capabilities. This program integrates theory, practical exercises, and experiential learning to provide a comprehensive understanding of stress management techniques and leadership principles.

Date: 07/01/2020

Venue: Swami Vivekananda Seminar Hall.



Soft Skills –Stress Management & Leadership Skills by Mr. Sri Sai Ganesh Kumar.M, Freelance Soft Skills Trainer, Hyderabad, on 07/01/2020.