

EXTRACURRICULAR ACTIVITIES

Sports activities: Students participated in university and college level sports competitions and have won prizes in various sports activities as listed below:

Outdoor:

- Volley Ball
- Hand ball
- Tennis
- Badminton
- Cricket
- Athletics

Indoor:

- Chess
- Carom

Yearly excursion and Industrial tours are conducted for students wherein students are taken to various places of interest all over India.

Academic year 2018-19

Sl.No	Date	Activity	Remarks
1.	08-02-2019 to 9-02-2019	SCOPS ALIANZA-2019 at KVSR Siddhartha college of pharmaceutical sciences, Vijayawada.	Total 16 students participated. 9-Volley ball (2 nd prize), 4- Caroms(2 nd prize), 4- badminton(2 nd prize), 6- Cricket 2-Table tennis
2.	09-12-2018 to 12-12-2018	CHIPSOIREE-2K18 Sports meet, at CHIPS-Choudavaram.	Total 26 members participated in Volley ball, Throw ball, Carroms, Shuttle and Table tennis.
3.	7-12-2018 to 8-12-2018	VIGNAN'S SPORTS FETE at VIGNAN University, Vadlamudi, Guntur.	10 members for volley ball and 10 members for throw ball
4.	5-12-2018 to 6-12-2018	A.M.REDDY COLLEGE- Cricket Tournament	15 members

Academic year 2017-18

Sl.No	Date	Activity	Remarks
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1.	5-01-2018 to 6-01-2018	Vignan Mahotsav-2018 Volleyball tournament at Vadlamudi, Guntur.	9 members participated
2.	23-12-2017	Cricket Tournament in KHIT(Enadu Champion Trophy) at Chowdavaram	15 - members
3.	2-12-2017 to 3-12-2017	A.M.Reddy College Cricket Tournament	15 – members
4.	23-11-2017 to 24-11-2017	ANU Weight lifting ,power lifting & best Physique intercollegete Tournament	5 – members
5.	25-09-2017	Inter college yoga competations, ANU, Guntur.	1 – member

Academic year 2016-17

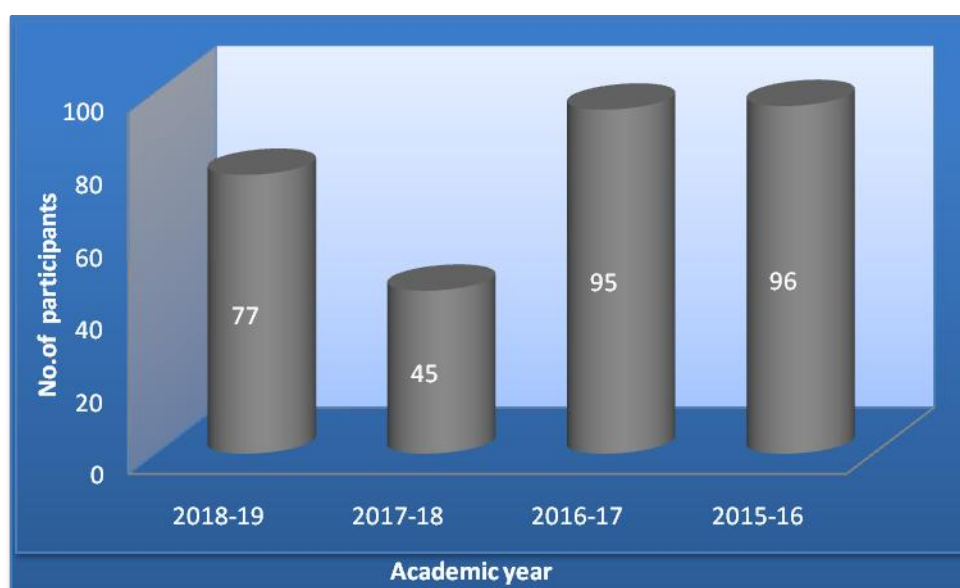
Sl.No	Date	Activity	Remarks
1.	10-03-2017 to 11-03-2017	GIET School and Pharmacy Rajahmundry East Godavari, volleyball and throwball tournament	19 members participants
2.	17-02-2017 to 18-02-2017	HCOP Sports meet-2K17, Organized by Hindu college of pharmacy college, Guntur.	47 participated in various events, Volleyball- Winners Throw ball- Winners
3.	9-12-2016 to 10-12-2016	Chips College volley ball tournament.	9 members participants
4.	25-10-2016	AM Reddy college cricket tournament at Narsaraopet	15 members participants
5.	09-09-2016 to 10-09-2016	ANUIC- Acharya Nagarjuna University Inter Collegiate Badminton tournament	5 members participants

Academic Year 2015-16

Sl.No	Date	Activity	Remarks
1.	11-02- 2016 to 12-02- 2016	HCOP Sports meet-2K16, Organized by Hindu college of pharmacy college, Guntur	47- participated in various events, Volley ball- winners
2.	5-01-2016	Eenadu Cricket Tournament at KITS college Ground Vinjanampadu	15- members participi
3.	15-12-2015	Cricket tournament In Vishwabharathi	12- members participi

	to 21-12-2015	College Of Pharmacy, Guntur		
4.	17-11-2015	Cricket tournament Siddartha college of pharmacy , Vijayawada	15 members participation	
5.	7-11-2015	Yoga Inter college Tournament, ChunduruRanganayakulu Degree college Chilakaluripeta, Guntur.	2- Members participation	
6.	22-09-2015 to 23-09-2015	Chess Inter college tournament in Chalapathi college, Guntur.	5- members participants	

Impact of Sports on students



Sports activities

- Sports programs have been an integral part of college. They help realize the vision of honest disciplined citizens.
- They support the academics of the college and therefore foster success in life.
- These programs help students to produce productive citizenship.
- Sports help the students to develop interpersonal and time management skills.
- Sports help to maintain the proper physique and increase a student's performance.
- Students by spending extra time in sports, avoid to do wrong or unwanted activities.
- A student learns that while playing, he has to play not for his own good but for

the good and success of whole team- Team work

- Sports help students lead a more mature life.
- Sports teach our students that the ups and downs are the inevitable aspects of life and should be taken in strides.
- Playing for a sports can help them experience hardships and allow them to face the trials, hardships and various rigors of daily life in the future.
- Sports are another name of honesty, integrity and loyalty for students. Thus a good sportsman can be the ideal citizen of the country.

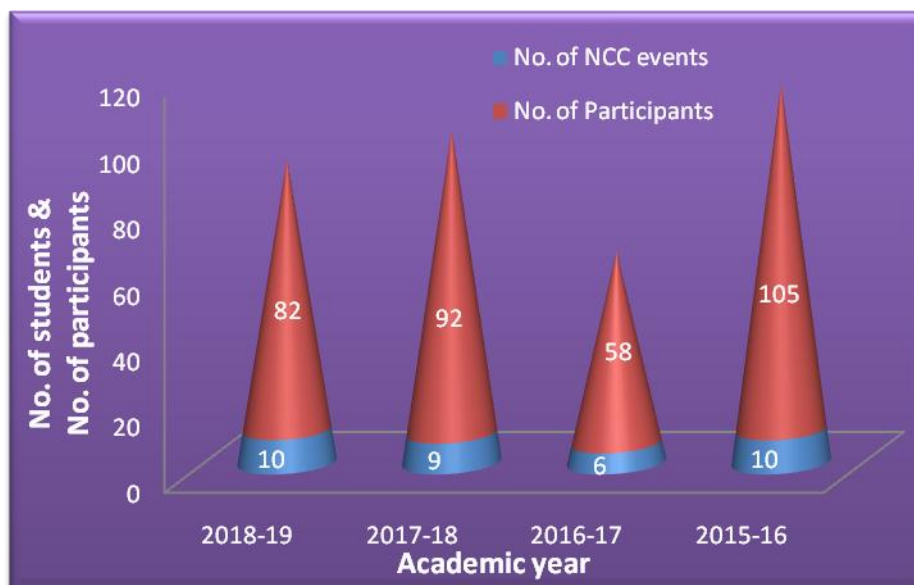
NCC Activities: Hindu College of Pharmacy is the only Pharmacy college that has NCC Wing in Andhra Pradesh.

- Hindu college of pharmacy has an army wing company for boys and girls separately. They take part in parades on national events and work as volunteers.
- They help regulate the traffic in town by assisting city police.
- They also help regulate crowd during college functions.
- NCC has adopted community development activities with the aim of imbuing amongst cadets selfless service to the community, dignity of labour importance of self help, need to protect the environment and to assist weaker sections of the society in their upliftment.

The activities of NCC at HCOP are wide-ranging, like

Institutional Training, Camp Training, Attachment Training, Army Wing Activities, Youth Exchange Programme, Community Development Programme cum Social Service Activities, Adventure Training, Cycle Expedition, Trekking, NIC LRD & Sports etc. , Foot Drill, Arms Drill & Weapons Training, Self Defence, Map Reading.

No. of NCC activities and No. of student participants



NCC activities

Academic year 2018-19

Sl.No	Date	Activity	Participants
1.	28-05-2018 to 29-05-2018	ATC-1 Morning star collage, Phirangipuram.	15 Cadets
2.	30-06-2018 to 9-07-2018	CTAC-I, Ongole	6 Cadets
3.	10-07-2018 to 19-07-2018	CTAC-II, Reddy college, Guntur.	6 Cadets
4.	23-07-2018 to 1-08-2018	CTAC-III, Nellore	6 Cadets
5.	5-08-2018 to 14-08-2018	CTAC-IV, Reddy college, Guntur	6 Cadets
6.	7-10-2018 to 16-10-2018	CTAC-VI, Reddy college, Guntur.	6 Cadets
7.	17-10-2018 to 26-10-2018	CTAC-VII, Reddy college, Guntur.	6 Cadets
8.	27-10-2018 to	Secunderabad IGC camp	3 Cadets

	5-11-2018		
9.	30-07-2018	NCC Enrolment, Guntur	14 Cadets
10.	21-06-2018	International Yoga Day	14 Cadets

Academic year 2017-18

Sl.No	Date	Activity	Participants
1.	29-08-2017	NCC enrolment	23 cadets
2.	21-06-2017	International Yoga Day	35 cadets
3.	2-09-2017 to 30-09-2017	NCC Tenali camp CATC-V conducted by 22 Andhra (Bn) NCC, Chiluvuru, Tenali	5 cadets
4.	05-08-2017 to 15-08-2017	NCC Camp CATC-IV 25 Andhra (Bn) organized by St.Paul's High School Phirangipuram	5 cadets
5.	27-10-2017 to 05-11-2017	NCC Camp CATC-IX Triplar School, Yanamadala, Guntur dist.	3cadets
6.	05-09-2017 to 14-09-2017	NCC camp ATC-V, VRN & YRN College, Chirala.	4 cadets
7.	16-10-2017 to 25-10-2017	NCC Camp CATC-VII, VRN & YRN College, Chirala,	5 cadets
8.	29-05-2017 to 07-06-2017	NCC Camp ATC-VI, Acharya nagarjuna University, Guntur.	16 cadets
9.	25-10-2017 to 05-11-2017	NIC camp-NCC Head Quarter, Indore	1 cadet

Academic year 2016-17

Sl.No	Date	Activity	Remarks
1.	21-06-2016	International Yoga Day	35 cadets
2.	27-07-2016 to 5-08-2016	CATC-IV Morning star College , Phirangipuram, Guntur.	5 cadets s
3.	30-10-2016 to 8-11-2016	CATC-IV Church Compound, Phirangipuram, Guntur	8 cadets
4.	10-07-2016 to	CATC-VI, U.R.S & Y.R.W College, Chirala.	4 cadets

	19-07-2016		
5.	19-03-2016 to 28-03-2016	CATC-VII Ongole, prakasam Dist.	5 cadets
6.	10-01-2016 to 21-01-2016	NIC Camp ANU, NagarjunaNagar,Guntur dist.	1 cadets

Academic year 2015-16

SL. NO	DATE	PARTICULARS	PLACE	NO.OF STUDENTS ATTENDED
1.	21-06-2015	International Yoga Day	Market yard Guntur	30
2.	14 th to 23 rd July 2015	NCC Camp – ATC – VI	CBR Sports Academy, Kethanakonda, Vijayavada	10
3.	31 st July 2015	NCC Enrollment-2015-2016	HCOP	18
4.	02.07.2015 TO 24.08.2015	NCC Camp CATC-V	CBR Sports Academy, Kethanakonda, Vijayavada	07
5.	18.09.2015 TO 27.09.2015	NCC Camp CATC-II	Dr.Samule Gorge Institute of Engineering And Technology, Guntur	07
6.	20.11.2015	NCC Day	JKC College, Guntur	07
7.	22.11.2015 to 04.12.2015	NIC-II	Warangal	01
8.	08.01.2016 TO 19.01.2016	NIC-II	Baptla	02
9.	24.02.2016 AND 28.02.2016	NCC 'C' Certificate Examination	Police parade ground	08
10.	25.02.2016 TO 27.02.2016	NCC 'C' Certificate Examination	Police parade ground	15

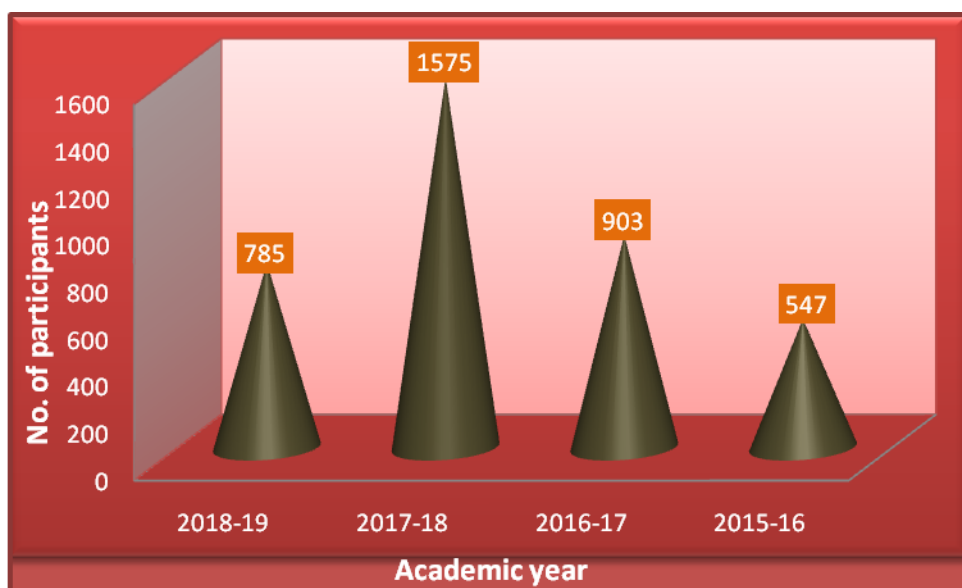
EFFECTIVENESS OF THE NCC (NATIONAL CADET COPS) ON STUDENTS

- NCC engages in grooming the youth of the country into disciplined and patriotic citizens.
- Institutional training in the NCC, is to nurture core values, enhance awareness and give exposure to basic military skills and knowledge.

- The motto of NCC is 'Unity & Discipline'.
- The students have to understand themselves their relation to the community.
- Identify the needs and problems of the community and involve in solving them. Developing social and civic responsibility.
- Improving leadership quality .
- Practice National integration.
- Developing the social harmony skills'

NSS Activities : HCOP has one NSS unit with 100 students

- NSS is a unit which provides a platform to serve the society the charitable feelings.
- The college NSS unit, headed by Coordinator, Mr. P.Seetharamaiah, Professor & OSD, HCOP provides such a golden opportunities that students can participate in variety of programmes as NSS volunteers.
- The Unit is responsible for organizing various social activities and camps are carried out in rural areas, such as listed below
 - Blood donation camps
 - Plantation
 - Health camps
 - Health awareness programme for rural areas
 - Career awareness programmes for students of rural areas.



NSS activities

Academic year 2018-19

Sl.No	Date	Activity	Remarks
01	28/01/2019	Seminar on Personality Development in association with NSS	100 students participated in Awareness on Life Skills
02	15/12/2018	Swacch Sarvekshan Programme	50 students participated in Awareness on Cleanliness
03	14/11/2018	World Diabetes Day in association with NSS	185 students participated in Awareness of Diabetes
04	28/10/2018	World Stroke Day in association with NSS	100 students participated in Mega walkathon to spread awareness about Paralysis
05	14/07/2018	'Amruthakalasa' Charity Programme)	Donated 60 kgs of rice to Indian Red Cross Society
06	30/06/2018	Job Mela for Physically Disabled persons held at Hindu College of Pharmacy	30 NSS students volunteered
07	27/06/2018	Awareness on Drug Abuse	100 students participated
08	21/06/2018	International Yoga Day in collaboration with Isha Foundation	200 students participated in Importance of Yoga and its value in life.
09	14/06/2018	International World Blood Donor's Day in association with St. Joseph's Hospital	20 students participated Blood Donation

Academic year 2017-18

Sl.No	Date	Activity	Remarks
1.	21-06-2017	International Yoga Day in collaboration with Isha Foundation	15faculty + 150 students participated in Importance of Yoga and its value
2.	22-07-2017	Mega Blood Donation Camp at ANU	3 faculty and 16 students participated in Blood Donation camp at ANU
3.	09-11-2017	World Diabetes Day in collaboration with	50 students participated in

		Padmavathi Hospital	Management of diabetes
4.	06-12-2017	Blood Donation Camp in collaboration with Indian Red Cross Society and HDFC Bank	4 faculty + 24 students participated in Blood Donation
5.	03-01-2018	Women Empowerment on the occasion of Savithribai Phule Birthday	10 faculty & 315 students participated in Importance of Education for Women
6.	08-03-2018	International Women's Day	30 faculty & 300 students participated on Importance of women in Society
7.	07-04-2018	World Health Day in association with pharmacy practice department	10 faculty & 300 students participated on Importance and Maintenance of Health
8.	13-04-2018	Awareness Program on Prevention of fire accidents	30 faculty and 200 students participated.
9.	17-04-2018	Fire Prevention Week	30 faculty and 200 students participated.
10.	20-05-2018 to 30-06-2018	Swachh Bharath Summer Internship Programme at Jonnalagadda Village	20 students participated.

Academic year 2016-17

Sl.No	Date	Activity	Remarks
1.	16-06-2016	Blood Donation Camp in collaboration with Indian Red Cross Society	10 faculty and 31 students participated in World Blood Donors Day – Blood Donation
2.	21-06-2016	International Yoga Day in collaboration with Isha Foundation	10 faculty and 50 students participated
3.	30-7-2016	Vanam –Manam	50 students participated in Clean and Green Programme within the campus
4.	26-01-2017	Blood Donation Camp in collaboration	4 faculty and 52 students

		with Lions Vision Blood Bank	participated.
5.	08-03-2017	International Women's Day	35 faculty and 500 students participated.
6.	04-05-2017	Blood Donation Camp in collaboration with Indian Red Cross Society and HDFC Bank	4 faculty and 23 students participated Blood Donation
7.	10-04-2017	World Health Day in collaboration with Manasa Hospital	50 students participated in Importance and Maintenance of Health
8.	12-04-2017	Dr. B.R Ambedkar Ideology Run	2 faculty & 47 students participated.
9.	23-04-2017 to 30-04-2017	NSS Special Medical Camp at Jonnalagadda Village	10 faculty and 100 students participated.

Academic year 2015-16

Sl.No	Date	Activity	Remarks
1.	21-06-2015	International Yoga Day in collaboration with Isha Foundation	200 students participated
2.	25-09-2015	Cervical cancer Awareness Program	50 students participated.
3.	02-11-2015	Dhadhichi Blood Donation Camp in collaboration with Dhadhichi Foundation	25 students participated in Blood Donation
4.	01-12-2015	AIDS awareness programme	200 students participated
5.	09-02-2016	Guest Lecture on "The Youth Present and Future" in collaboration with Samskruthi Gowrava Samsthan	32 faculty and 300 students participated
6.	08-03-2016	International Women's Day	40 faculty and 500 students participated.

EFFECTIVENESS OF THE NSS

- NSS is a sort of training for all the youth in education to provide selfless service on voluntary basis, For the growth and development of a powerful nation.
- It is not only the material and equipment which matters but it is the human factor which is the most vital and decisive one.

- NSS helps in channelizing youth energy into constructive channels and to mold their character at the most impressionable age.
- NSS is used as a tool to develop some special personality traits in the students.
- It has been designed to create in the students a sense of patriotism, discipline, self-confidence and spirit of selfless service.
- It helps in developing the quality of leadership, spirit and adventure, sense of pride and achievement.
- It helps to develop character and ideal of service in the students.
- To develop the capacity of leadership in the students.
- To provide adequate training in youth, men and women so as to stimulate interest in selfless service to the society.
- To create a force of disciplined man power, which in a national emergency could be of assistance to the country.
- To provide training for students with a view to develop in them social values, moral values, sense of service and sense of responsibility towards the society.

CULTURAL ACTIVITIES

- The Cultural Committee of Hindu College of Pharmacy is constituted to celebrate the cultural diversity on the campus by organizing pooja/cultural performances/specials dinners/decorating hostels during various festivals and events.
- The committee ensures that the students have a home-away-from-home experience at HCOP.
- The committee provides enough opportunities for the students to relax and enjoy campus life amidst rigorous academics.
- The committee seeks to create a platform that provides the students with an opportunity to display creative talents in a variety of ways.

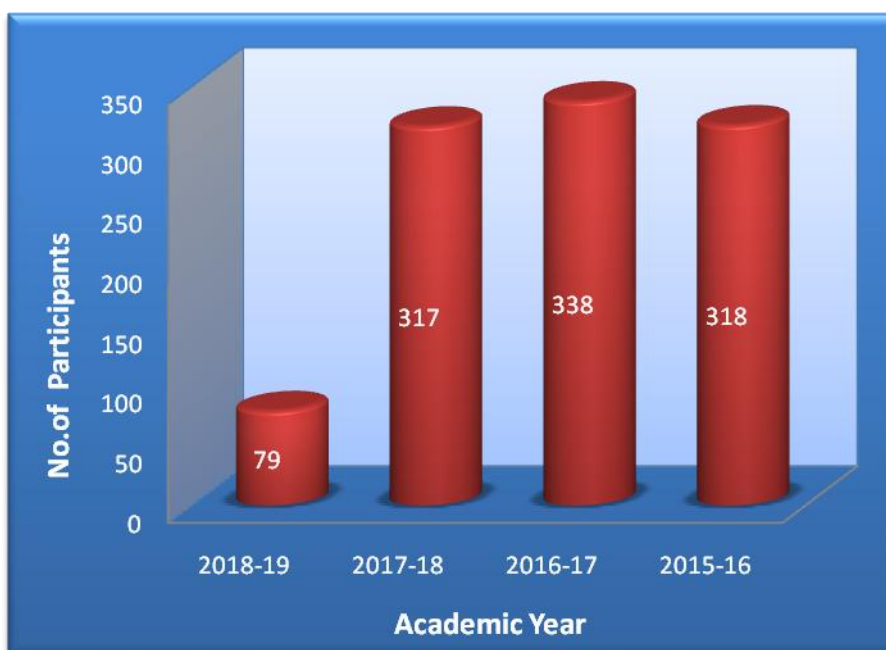
Cultural Committee

S. No	Name	Position
1.	Mrs. G.Indira Priyadarsini, Assist. Professor	Chairperson
2.	Mr.Y.Anil Kumar, Assist. Professor	Member
3.	Mr.G.SadaSivaRao, Assist. Professor	Member

4.	Mr.S.N.Mahesh, III B.Pharm	Student Member
5.	Ms.K.Srivani, III Pharm. D	Student Member

Events:

- Independence Day/Republic Day
- Gandhi Jayanthi
- National Youth Day
- Teachers' Day
- International Women's Day
- Annual Day, etc.



Cultural activities

Academic year 2018-19

Sl.No	Date	Event	Activity	No. of Participants
1.	15-08-2018	Independence Day	Elocution Competition	5
2.	02-10-2018	Gandhi Jayanthi	Essay writing Competition	11
3.	25-11-2018	National pharmacy Week	Quiz Competition	48
4.	26-01-2019	Republic Day	Patriotic songs & Skit	15

Academic year 2017-18

Sl.No	Date	Event	Activity	No.of Participants
1.	15-08-2017	Independence Day	Patriotic Songs Competition	3
2.	2-10-2017	Gandhi Jayanthi	Essay Writing Competition	19
3.	12-01-2018	National Youth Day	Elocution Competition	2
4.	26-01-2018	Republic Day	Mime & Patriotic theme dances	15
5.	7-03-2018	International Women's Day	Inter College Competitions	65
6.	13-03-2018	Cultural Competitions for Annual Day	Solo Dance	20
			Group Dance	30
			Solo Singing	8
			Group Singing	25
			Anthyakshari	50
			Dumbcharades	50
			Musical chairs	30

Academic year 2016-17

Sl.No	Date	Event	Activity	No. of Participants
1.	15-08-2016	Independence Day	Patriotic Songs Competitions	3
2.	2-10-2016	Gandhi Jayanthi	Essay Writing	10
			Elocution Competitions	2
3.	12-01-2017	National Youth Day	Elocution Competition	3
4.	26-01-2017	Republic Day	Elocution Competitions	3
5.	28-02-2017	National Science Day	Inter college Quiz Competition	65
5.	7-03-2017	International Women's Day	Patriotic theme Flash Mob & Skit	16
6.	13-04-2017	18 th Annual Day	Solo Dance	22
			Group Dance	36
			Solo Singing	11
			Group singing	19
			Anthyakshari	60
			Dumbcharades	55
			Musical chairs	33

Academic year 2015-16

Sl.No	Date	Event	Activity	No. of Participants
1.	15-08-2015	Independence Day	Patriotic Songs Competitions	6
2.	2-10-2015	Gandhi Jayanthi	Essay Writing &	17
			Elocution Competitions	4
3.	26-01-2016	Republic Day	Elocution Competitions	5
4.	7-03-2016	International Women's Day	Patriotic theme Flash Mob & Skit	15
5.	13-04-2016	17 th Annual Day	Solo Dance	12
			Group Dance	22
			Solo Singing	8
			Group Singing	11
			Dumbcharades	80
			Anthyakshari	85
			Skit	22
Musical chairs	31			

Effectiveness:

- Cultural festivals are the symbol of synergy, cooperation and team work and leadership qualities. Planning and conducting cultural festivals yields a number of personal and social benefits to individuals and communities.

Participation in social events provides positive psychological states including better self-regard, a sense of belonging, and a purpose in life for those who participate.